

DINNER

STARTERS

Soup of the Day (GF) 5.50 (Please ask your server)
Served with homemade brown bread
(Contains: *1, 5a, 5b, 6, 10, 13, 15)

Seafood Chowder (GF) 9.95
Topped with crispy bacon bits and fennel herb, served with homemade brown bread
(Contains: *1, 2, 3, 4, 10, 15)
(Contains: *1, 5b, 5e, 6, 12 - brown bread)

Breaded Chicken Tenders 10.50/12.50
Crispy free-range breaded chicken strips on a bed of baby leaf salad with duo of garlic and chilli sauces (Contains: *1, 5a, 6, 10, 11, 13, 15)

Chicken Satay (GFIA) 10.50/12.50
Lightly seasoned strips of chicken, aromatic peanut sauce, served on a bed of soya noodles (Contains: *1, 5a, 7, 9, 10, 11, 15)

Golden Crisp Salt 'n' Chilli Calamari Strips (GF) 11.50/14.50
Served with freshly sliced chillies, sea salt, lime zest, coriander and harissa mayonnaise (Contains: *1, 4, 6, 11, 15)

Loaded Nachos (V) (GF) 12.00
Served with jalapeño, guacamole and sour cream, topped with cheese sauce and tomato salsa garnish (Contains: *1, 6, 11, 15)
Add Chilli Mince +2.50 (Contains: *10, 15)
Add BBQ Pulled Pork +3.50 (Contains: *15)

Crispy Garlic Ciabatta Bread 5.20
(Contains *1, 5a, 15)
Add cheese +0.50c (Contains *1)

Vegan Wings (VE) 10.50/12.50
Southern fried and tossed in BBQ or hot 'n' spicy sauce, served with vegan garlic mayonnaise (Contains: *5a, 9, 10, 11, 15)

Glazed Chicken Wings (GF) 10.50/12.50
(Contains: *10)
Served with blue cheese mayonnaise (Contains: *1, 6, 11, 15)
Tossed in one of the following sauces:
- BBQ (Contains: *10, 11, 15)
- Sweet Chilli 'n' Lime (Contains: *15)
- Salt 'n' Chilli
- Hot 'n' Spicy (Contains: *1, 15)

*Order wings plain with a selection of sauces
2.00 per additional sauce or 3 for 5.00*

SIGNATURES

Martello Chicken Curry (GF) 16.50
Seasoned chicken strips sautéed with red onion, pak choi, mixed peppers, carrots and courgettes, served in a mild curry sauce with steamed rice and crisp poppadoms (Contains *1, 10, 11, 13, 15)

Slow Braised Lamb Shank (GF) 19.75
Slow cooked in garlic, rosemary, thyme and red wine with savoury mashed potato, rich roast gravy, served with choice of vegetables or fries
(Contains *1, 10, 11, 13, 15)

Steak Sandwich 17.50
Chargrilled 6oz sirloin steak served on toasted ciabatta with mixed leaves, topped with crispy onions and a choice of pepper sauce or garlic butter, with fries (Contains *1, 5a, 10, 13, 15)

Chargrilled Cajun Chicken Sandwich 16.50
Cajun spiced chicken breast served in a toasted baguette, baby leaf salad, Cajun mayonnaise and fries
(Contains *1, 5a, 6, 10, 11, 13, 15)
Add cheese +0.50 (Contains: *1)
Add streaky bacon +1.00

Dry Aged 10oz Ribeye Steak (GFIA) 26.00
Served with crispy onions, dressed watercress, choice of black pepper sauce or garlic butter, with fries
(Contains *1, 5a, 6, 10, 13, 15)
Surf 'n' Turf *Add pan fried garlic prawns +8.00*
(Contains: *1, 3, 15)

PASTA

Cajun Chicken & Smoked Bacon Pasta 16.50
Cajun marinated chicken fillet pieces and smoked bacon cooked in a lemon and basil herb cream sauce, tossed in fresh linguine pasta, topped with aged Parmesan flakes and served with garlic ciabatta (Contains *1, 5a, 6, 15)

Vegetarian Lasagne (V) 15.50
Topped with feta and cheddar cheese, pesto drizzle, Parmesan and rocket leaves, served with garlic ciabatta and fries (Contains *1, 5a, 6, 10, 13, 15)

Italian Baked Lasagne 16.50
Topped with mozzarella and cheddar cheese, pesto drizzle, Parmesan and rocket leaves, served with garlic ciabatta and fries (Contains *1, 5a, 6, 10, 13, 15)

DINNER

SALADS

Grilled Chicken Caesar Salad (GFIA) 15.50
Served with baby gem lettuce, herb croutons, crispy pancetta, aged Parmesan, anchovy Caesar dressing, pine nuts (Contains *1, 2, 5a, 5h, 6, 8h, 11, 15)
Available vegetarian 9.50

Warmed Goats Cheese & Beetroot Salad (GFV) 13.50
Fivemiletown goats cheese, served with mixed greens, pine nuts, roasted beets and a roasted red pepper dressing (Contains *1, 6, 8h, 11, 13, 15)
Add Chicken +4.00

BURGERS

Martello Burger 15.50
Two Irish beef burger patties with crunchy iceberg lettuce, gherkin, red onion, Martello burger sauce, ketchup served in a brioche bun with fries (Contains *1, 5a, 6, 9, 10, 11, 13)
Add cheese +0.50 (Contains *1)
Add streaky bacon +1.00

Chicken Fillet Burger 15.50
Chargrilled chicken fillet, chopped iceberg lettuce, red onion, crunchy slaw, buffalo mayo, served in a brioche bun with fries (Contains *1, 5a, 6, 10, 11, 13)
Add cheese +0.50 (Contains *1)
Add streaky bacon +1.00

Slow Cooked Pulled Pork Brioche Bap 13.50
Slow braised pulled pork, BBQ sauce, mixed leaves, crunchy slaw, served with fries (Contains *1, 5a, 6, 9, 10, 11, 12, 13, 15)

Vegan Burger (VE) (MVM) 15.00
Plant based meaty patty with chopped iceberg lettuce, red onion, crunchy slaw, beef tomato, vegan garlic mayo served in a vegan bun with fries (Contains *5a, 9, 10, 11, 15)

THE SEA

Baked Fillet of Salmon 15.50
Topped with a basil herb crumb, served with vegetables, chive mashed potatoes and a tomato and basil sauce (Contains *1, 2, 5a, 5b, 6, 10, 13, 15)

Wicklow Wolf Craft Beer Battered Cod 16.50
Crispy battered cod served with mushy peas, homemade tartar sauce and fries (Contains *1, 2, 5a, 5f, 5g, 6, 10, 11, 13, 15)

Please note that our dishes are prepared in a kitchen that contains gluten, dairy, nuts, eggs and soy; therefore we cannot guarantee that our dishes are safe to consume for people with these allergies.

*Allergen List

1 Milk & milk products
2 Fish
3 Crustaceans
4 Molluscs
5 Gluten containing

cereals
5a Wheat
5b Wholemeal
5c Spelt
5d Khorason
5e Rye
5f Barley

5g Oats
5h Malt
6 Egg
7 Peanuts
8 Other Nuts
8a Almonds
8b Hazelnuts

8c Cashews
8d Pecans
8e Brazil
8f Pistachio
8g Macademia
8h Pine nuts
8i Walnuts

9 Soy inc. soya
10 Celery
11 Mustard
12 Sesame
13 Sulphur Dioxide
14 Lupin

SIDES

Taco Fries (GF) 7.50
Topped with chilli mince, cheddar cheese and Cajun mayo (Contains *1, 6, 10, 11, 15)
Garlic & Cheese Fries 5.50 (Contains *1, 11, 15)
Curry Fries 5.50 (Contains *1, 11, 15)
Satay Fries 5.50 (Contains *1, 7, 10, 11, 15)
Skinny Fries 4.00 (Contains *1)
Chunky Fries 4.00
Tossed in Rosemary, Sea Salt and Parmesan + 0.50 (Contains *1)
Sweet Potato Fries 4.75
Tossed in smoked paprika
Battered Onion Rings 4.75 (Contains *1, 5a)
Garlic & Cheese Potatoes 5.25 (Contains *1, 15)
Crispy Onions 4.75 (Contains *5)
Seasonal Vegetables 4.00 (Contains *1)
Side Salad 4.00 (Contains *11)
Garlic Bread 5.20 (Contains *1, 5a, 15)

SAUCES & DIPS

2.00 each or 3 for 5.00

Garlic Mayo (Contains *6, 11, 15)
BBQ (Contains *10, 11, 15)
Sweet Chilli 'n' Lime (Contains *15)
Hot 'n' Spicy (Contains *1, 15)
Pepper Sauce (Contains *1, 15)
Garlic Butter (Contains *1, 15)
Cajun Mayo (Contains *6, 11, 10, 15)
Vegan Garlic Mayo (Contains *9, 11, 15)
Buffalo Mayo (Contains *1, 6, 11, 15)
Blue Cheese (Contains *1, 6, 11, 15)
Hot Sauce (Contains *1, 15)
Tomato & Chilli Relish (Contains *13, 15)
Martello Burger Sauce (Contains *1, 6, 10, 11, 13)

(GF) Made using Gluten Free Ingredients

(GFIA) Gluten Free Ingredients Available (removal of allergenic ingredient)

(V) Suitable for Vegetarians

(VE) Suitable for Vegans

(MVM) Moving Mountain

(15) Contains Garlic

THE MARTELLO

w: themartello.ie i: @themartellobray f: /themartellobray