

## SPECIALS

### HOMEMADE VEGETABLE SOUP

Served with homemade brown bread. **6.50**  
(Contains \*1, 5a, 9, 10, 13)

### OVEN BAKED FILLET OF SALMON

Topped with fresh herb crumb, creamed potatoes and lemon and dill cream sauce. **18.50**  
(Contains \*1, 2, 5a, 5b, 6, 10, 13)

### ROASTED RIB OF BEEF

Served with onion and herb stuffing, roast potatoes, mashed potatoes, Yorkshire pudding and rosemary red wine jus. **19.50**  
(Contains \*1, 5a, 5b, 6, 10, 13)

## STARTERS

### SEAFOOD CHOWDER

Topped with crispy bacon bits and dill herb, served with homemade brown bread. **12.00**  
(GF) (Contains: \*1, 2, 3, 4, 10, 13)  
(Brown Bread Contains: \*1, 5a, 9)

### GOAT'S CHEESE TARTLET

Puff pastry tartlet filled with caramelised red onion, creamed leeks and spinach, topped with warm whipped goat's cheese, finished with balsamic glaze. **13.50**  
(V) (Contains \*1, 5a, 6, 13)

### KOREAN FRIED CHICKEN

Marinated crispy fried chicken strips, coated in sticky and spicy sauce topped with toasted sesame seeds, served with Asian slaw. **13.00 | 16.00**  
(Contains \*9, 12, 13)

### CHICKEN SATAY

Lightly seasoned strips of chicken, aromatic peanut sauce, served on a bed of soya noodles. **13.00 | 16.00**  
(GFIA) (Contains: \*1, 5a, 7, 9, 10, 11, 13)

### GOLDEN CRISP SALT 'N' CHILLI CALAMARI STRIPS

Tossed in freshly sliced chillies, sea salt and coriander, served with harissa mayonnaise. **13.00 | 16.00**  
(GF) (Contains: \*1, 4, 6, 11, 13)

### PAN-FRIED PRAWNS AND CHORIZO PIL PIL

Cooked in chilli and garlic oil, topped with fresh coriander, served with crusty bread. **13.50** (GFA) (Contains \*1, 3, 5a, 13)

### DEEP FRIED BRIE

Melted brie, wrapped in golden crisp wonton pastry, served with dressed baby leaf salad and cranberry and orange coulis. **11.00 | 14.00** (V) (Contains: \*1, 5a, 6, 11, 13)

### GLAZED CHICKEN WINGS

Served with blue cheese mayonnaise (Contains: \*1, 6, 11, 13).  
Tossed in one of the following sauces:  
BBQ (Contains: \*10, 11, 13)  
Sweet Chilli 'n' Lime (Contains: \*13)  
Salt 'n' Chilli  
Hot 'n' Spicy (Contains: \*1, 13)  
**13.00 | 17.00**  
(GF) (Contains: \*10, 13)

### BREADED CHICKEN TENDERS

Crispy free-range breaded chicken tenders on a bed of baby leaf salad with duo of garlic and chilli sauces. **13.00 | 17.00**  
(Contains: \*1, 5a, 6, 10, 11, 13)  
Add Fries **+2.00**

### VEGAN TENDERS

Southern fried and tossed in BBQ or hot 'n' spicy sauce, served with vegan mayonnaise. **12.00 | 15.00**  
(VE) (Contains: \*5a, 9, 10, 11, 13)

### LOADED NACHOS

Served with jalapeño, guacamole, sour cream and tomato salsa topped with cheese sauce. **12.50**  
(V) (GF) (Contains: \*1, 6, 11, 13)  
Add Chilli Mince **+2.50**  
BBQ Pulled Pork (Contains: \*6, 13) **+3.50**

### HOMEMADE CHICKEN LIVER & SMOKED BACON PÂTÉ

Served with baby leaf salad, mixed berry compote and mini crostini. **11.00**  
(Contains: \*1, 5a, 5b, 13)

## SALADS

### SUPERFOOD SALAD

Seasonal leaves, served with roasted sweet potato chunks, quinoa, avocado, crumbly feta cheese, toasted pine nuts, pickled raisins, shredded beetroot, carrot, red cabbage topped with pumpkin seeds. **15.90**  
(V) (Contains \*1, 8, 11, 13)  
Add Chicken **+4.00**  
Add Prawn **+6.00**

### GRILLED CHICKEN CAESAR SALAD

Served with baby gem lettuce, herb croutons, crispy pancetta, aged parmesan, anchovy Caesar dressing, pine nuts. **15.90**  
Available vegetarian. **10.90**  
(GFIA) (Contains \*1, 2, 5a, 5b, 6, 8h, 11, 13)

## THE SEA

### STEAMED WILD IRISH MUSSELS

Cooked in a creamy leek, white wine, garlic and lemon sauce, served with garlic ciabatta and fries. **17.00**  
(Contains \*1, 3, 5a, 5b, 6, 13)

### GRILLED SEABASS FILLET

Served with crushed baby potatoes, buttered asparagus and samphire topped with salsa verde. **21.00**  
(GF) (Contains \*1, 2, 13)

### WICKLOW WOLF CRAFT BEER BATTERED COD

Crispy battered cod served with mushy peas, homemade tartar sauce and fries. **18.50**  
(Contains \*1, 2, 5a, 5f, 5g, 6, 10, 11, 13)



## SIGNATURES

### BEEF & GUINNESS STEW

Tender Irish beef, braised with onions and mushrooms in a rich stout gravy with puff pastry lid, served with creamy mashed potato. **18.50**  
(Contains \*1, 5a, 5b, 5f, 6, 10, 11, 13)

### SLOW BRAISED SHORT RIB OF BEEF

Served with creamy herb mash, glazed carrots, rich roast jus topped with parsnip crisps. **22.00**  
(GFI) (Contains \*1, 10, 13)

### BBQ PORK RIBS

Baby back pork ribs marinated in a spiced rub, slow cooked for 5 hours, glazed with a smokey BBQ sauce served with crunchy slaw & fries. **18.50**  
(GFI) (Contains \*1, 10, 13)

### STEAK SANDWICH

Chargrilled 6oz sirloin steak served on toasted ciabatta with mixed leaves, topped with crispy onions and a choice of pepper sauce or garlic butter, with fries. **19.75**  
(Contains \*1, 5a, 6, 10, 13)

### CHARGRILLED CAJUN CHICKEN SANDWICH

Cajun spiced chicken breast served in a toasted ciabatta with baby leaf salad, Cajun mayonnaise and fries. **18.00**  
(Contains \*1, 5a, 6, 10, 11, 13)  
Add cheese (Contains: \*1) **+0.50**  
Add streaky bacon **+1.00**

### DRY AGED 10oz RIBEYE STEAK

Served with crispy onions, dressed watercress, choice of pepper sauce or garlic butter, with fries. **32.00**  
(GFIA) (Contains \*1, 5a, 6, 10, 13)  
**Surf 'n' Turf: Add pan fried garlic prawns (Contains: \*1, 3) +8.00**

### MARTELLO CHICKEN CURRY

Seasoned chicken strips sautéed with red onion, pak choi, mixed peppers, carrots and courgettes in a mild curry sauce, served with steamed rice and crispy poppadom. **17.50**  
(GFI) (Contains \*1, 10, 11, 13)

## BURGERS

### MARTELLO BURGER

Two Irish beef burger patties with crunchy lettuce, gherkin, red onion, Martello burger sauce, ketchup served in a brioche bun with fries. **18.00**  
(Contains \*1, 5a, 6, 9, 10, 11, 13)  
Add cheese (Contains: \*1) **+0.50**  
Add streaky bacon **+1.00**

### VEGAN BURGER

Plant based Moving Mountains meaty patty with chopped lettuce, red onion, crunchy slaw, beef tomato, vegan mayo served in a vegan bun with fries. **16.90 (VE)** (Contains \*5a, 9, 10, 11, 13)

### CHICKEN FILLET BURGER

Marinated chicken fillet, chopped lettuce, red onion, crunchy slaw, buffalo mayo, served in a brioche bap with fries. **18.00**  
(Contains \*1, 5a, 6, 10, 11, 13)  
Add cheese (Contains: \*1) **+0.50**  
Add streaky bacon **+1.00**

### BBQ PULLED PORK BAP

Slow braised pulled pork coated in sticky BBQ sauce, mixed leaves, crunchy slaw, served in a steamed brioche bun with fries. **16.50**  
(GFIA) (Contains \*1, 5a, 6, 11, 13)

## PASTA

### CAJUN CHICKEN & SMOKED BACON PASTA

Cajun marinated chicken fillet pieces and smoked bacon cooked in a creamy sauce, tossed in linguine pasta, topped with aged parmesan and served with garlic ciabatta. **18.00**  
(Contains \*1, 5a, 6, 13)

### ITALIAN BAKED LASAGNE

Topped with mozzarella and cheddar cheese, pesto drizzle, parmesan and rocket leaves, served with garlic ciabatta and fries. **18.50**  
(Contains \*1, 5a, 6, 10, 13)

### VEGETARIAN LASAGNE

Topped with feta and cheddar cheese, pesto drizzle and rocket leaves, served with garlic ciabatta and fries. **17.50**  
(V) (Contains \*1, 5a, 6, 10, 13)

## SIDES

### TACO FRIES

Topped with chilli mince, cheddar cheese and Cajun mayo. **8.00**  
(GFI) (Contains \*1, 6, 10, 11, 13)

### ROSEMARY & PARMESAN CHUNKY FRIES 5.00

(Contains \*1, 13)

### SKINNY FRIES 4.50

(Contains \*13)

### CHUNKY FRIES 4.50

(Contains \*1, 13)

### SWEET POTATO FRIES

Tossed in smoked paprika. **5.50**  
(Contains \*13)

### BATTERED ONION RINGS 5.25

(Contains \*1, 5a, 6, 13)

### GARLIC & CHEESE POTATOES 5.50

(Contains \*1, 13)

### CRISPY ONIONS 5.25

(Contains \*5, 13)

### SIDE SALAD 4.50

(Contains \*6, 11, 13)

### SEASONAL VEGETABLES 4.50

(Contains \*1, 13)

### GARLIC BREAD 6.00

Add cheese (Contains: \*1) **+0.50**  
(Contains \*1, 5a, 6, 13)

## DIPS & SAUCES

2.00 EACH

**GARLIC MAYO** (Contains \*6, 11, 13)

**BBQ** (Contains \*10, 11, 13)

**SWEET CHILLI 'N' LIME** (Contains \*13)

**HOT 'N' SPICY** (Contains \*1, 13)

**PEPPER SAUCE** (Contains \*1, 13)

**GARLIC BUTTER** (Contains \*1, 13)

**CAJUN MAYO** (Contains \*6, 10, 11, 13)

**VEGAN MAYO** (Contains \*9, 11, 13)

**BUFFALO MAYO** (Contains \*1, 6, 11, 13)

**BLUE CHEESE** (Contains \*1, 6, 11, 13)

**TOMATO & CHILLI RELISH** (Contains \*13)

**MARTELLO BURGER SAUCE**

(Contains \*1, 6, 10, 11, 13)

\***ALLERGEN LIST:** 1. Milk & milk products 2. Fish 3. Crustaceans 4. Molluscs 5. Gluten containing cereals 5a. Wheat 5b. Wholemeal 5c. Spelt 5d. Khorason 5e. Rye 5f. Barley 5g. Oats 5h. Malt 6. Egg 7. Peanuts 8. Other Nuts 8a. Almonds 8b. Hazelnuts 8c. Cashews 8d. Pecans 8e. Brazil 8f. Pistachio 8g. Macademia 8h. Pine nuts 8i. Walnuts 9. Soy inc. soya 10. Celery 11. Mustard 12. Sesame 13. Sulphur Dioxide 14. Lupin (GFI) Made using Gluten Free Ingredients. (GFIA) Gluten Free Ingredients Available (removal of allergenic ingredient) (V) Suitable for Vegetarians (VE) Suitable for Vegans. Please note that our dishes are prepared in a kitchen that contains gluten, dairy, nuts, eggs and soy; therefore we cannot guarantee that our dishes are safe to consume for people with these allergies.