

# MENU

## STARTERS

**Soup of the Day (GF)** 5.95 (Please ask your server)  
Served with homemade brown bread  
(Contains: \*1, 5a, 5b, 6, 10, 13, 15)

**Seafood Chowder (GF)** 9.95  
Topped with crispy bacon bits and fennel herb, served with homemade brown bread (Contains: \*1, 2, 3, 4, 10, 13, 15)  
(Contains: \*1, 5b, 5e, 6, 12, 13 - brown bread)

**Chicken Satay (GFIA)** 11.00/13.00  
Lightly seasoned strips of chicken, aromatic peanut sauce, served on a bed of soya noodles (Contains: \*1, 5a, 7, 9, 10, 11, 13, 15)

**Golden Crisp Salt 'n' Chilli Calamari Strips (GF)** 11.50/14.50  
Served with freshly sliced chillies, sea salt, lime zest, coriander and harissa mayonnaise (Contains: \*1, 4, 6, 11, 13, 15)

**Pan-Fried Prawns & Chorizo Pil Pil (GFIA)** 12.95  
Cooked in a chilli & garlic oil, topped with fresh coriander, served with crusty bread (Contains \*1, 3, 5a, 13, 15)

**Homemade Chicken Liver & Smoked Bacon Pâté** 10.50  
Served with mixed leaves salad, mixed berry compote and mini crostini  
(Contains \*1, 5a, 6, 10, 11, 13, 15)

**Breaded Chicken Tenders** 11.50/13.00  
Crispy free-range breaded chicken strips on a bed of baby leaf salad with duo of garlic and chilli sauces  
(Contains: \*1, 5a, 6, 10, 11, 13, 15)

## THE SEA

**Steamed Wild Irish Mussels** 16.50  
Cooked in a creamy leek, white wine garlic and lemon sauce, topped with fresh parsley, garlic ciabatta and fries (Contains \*1, 3, 5a, 5b, 6, 13, 15)

**Grilled Seabass Fillets (GF)** 18.50  
Served with crushed baby potatoes, buttered asparagus and samphire topped with salsa verde (Contains \*1, 2, 13, 15)

**Wicklow Wolf Craft Beer Battered Cod** 16.50  
Crispy battered cod served with mushy peas, homemade tartar sauce and fries  
(Contains \*1, 2, 5a, 5f, 5g, 6, 10, 11, 13, 15)

**Loaded Nachos (V) (GF)** 12.50  
Served with jalapeño, guacamole and sour cream, topped with cheese sauce and tomato salsa garnish (Contains: \*1, 6, 11, 13, 15)  
Add Chilli Mince +2.50 (Contains: \*10, 13, 15)

**Deep Fried Brie (V)** 10.50/12.50  
Melted brie wrapped in golden crisp wonton pastry, served with a dressed baby leaf salad and a cranberry & orange coulis (Contains \*1, 5a, 6, 11, 13)

**Martello Spice Bag Fries (GF)** 13.50  
Lightly seasoned strips of chicken fried with peppers, spring onion, garlic and chilli, tossed in our own spice bag seasoning (Contains \*10, 11, 13, 15)

**Vegan Wings (VE)** 11.50/13.50  
Southern fried and tossed in BBQ or hot 'n' spicy sauce, served with vegan garlic mayonnaise (Contains: \*5a, 9, 10, 11, 13, 15)

**Glazed Chicken Wings (GF)** 11.50/13.50  
(Contains: \*10, 13)  
Served with blue cheese mayonnaise (Contains: \*1, 6, 11, 13, 15)  
Tossed in one of the following sauces:  
- BBQ (Contains: \*10, 11, 13, 15)  
- Sweet Chilli 'n' Lime (Contains: \*13, 15)  
- Salt 'n' Chilli  
- Hot 'n' Spicy (Contains: \*1, 13, 15)  
Order wings plain with a selection of sauces  
2.00 per additional sauce

## PASTA

**Italian Baked Lasagne** 17.00  
Topped with mozzarella and cheddar cheese, pesto drizzle, Parmesan and rocket leaves, served with garlic ciabatta and fries (Contains \*1, 5a, 6, 10, 13, 15)

**Vegetarian Lasagne (V)** 16.00  
Topped with feta and cheddar cheese, pesto drizzle and rocket leaves, served with garlic ciabatta and fries (Contains \*1, 5a, 6, 10, 13, 15)

## SAMBOS

Available Monday - Saturday from 12pm - 5pm

**Hot Joint of the Day Sambo** 10.50  
Please see specials for description

**Chicken Caesar Wrap** 10.50  
With babygem lettuce, Parmesan cheese, smoked pancetta and Caesar mayo in a chargrilled tortilla wrap (Contains \*1, 2, 5a, 5h, 6, 8h, 11, 13, 15)

**Martello Ham & Cheese Toastie** 9.50  
Double cheese mix, honey baked ham, on toasted batch loaf (Contains \*1, 5a, 6, 11, 13)

**Chargrilled Chicken, Bacon & Avocado Toastie** 12.00  
Chargrilled chicken, streaky bacon, smoked applewood cheese, avocado, baby leaf salad and homemade tomato & chilli relish on grilled sourdough (Contains \*1, 5a, 5b, 5e, 6, 11, 13, 15)

**All of the above served with fries**  
(Contains \*1, 10, 13)

**Add Cup of Soup of the Day** 2.50  
(see specials)

# MENU

## SIGNATURES

### Beef & Guinness Pie 16.50

Tender Irish beef, braised with onions and mushrooms in a rich stout gravy with puff pastry lid, served with creamy mashed potato (Contains \*1, 5a, 5b, 6, 10, 11, 13, 15)

### Martello Chicken Curry (GFI) 16.50

Seasoned chicken strips sautéed with red onion, pak choi, mixed peppers, carrots and courgettes, served in a mild curry sauce with steamed rice and crisp poppadoms (Contains \*1, 10, 11, 13, 15)

### Steak Sandwich 18.50

Chargrilled 6oz sirloin steak served on toasted ciabatta with mixed leaves, topped with crispy onions and a choice of pepper sauce or garlic butter, with fries (Contains \*1, 5a, 6, 10, 13, 15)

### Dry Aged 10oz Ribeye Steak (GFIA) 28.00

Served with crispy onions, dressed watercress, choice of black pepper sauce or garlic butter, with fries

(Contains \*1, 5a, 6, 10, 13, 15)

Surf 'n' Turf Add pan fried garlic prawns +8.00

(Contains: \*1, 3, 15)

## BURGERS

### Martello Burger 16.50

Two Irish beef burger patties with crunchy iceberg lettuce, gherkin, red onion, Martello burger sauce, ketchup served in a brioche bun with fries (Contains \*1, 5a, 6, 9, 10, 11, 13)

Add cheese +0.50 (Contains \*1)

Add streaky bacon +1.00

### Vegan Burger (VE) 16.00

Plant based Moving Mountains meaty patty with chopped iceberg lettuce, red onion, crunchy slaw, beef tomato, vegan garlic mayo served in a vegan bun with fries (Contains \*5a, 9, 10, 11, 13, 15)

### Chargrilled Cajun Chicken Sandwich 16.50

Cajun spiced chicken breast served in a toasted baguette, baby leaf salad, Cajun mayonnaise and fries

(Contains \*1, 5a, 6, 10, 11, 13, 15)

Add cheese +0.50 (Contains: \*1)

Add streaky bacon +1.00

### Slow Braised Lamb Shank (GFI) 19.75

Slow cooked in garlic, rosemary, thyme and red wine with savoury mashed potato, rich roast gravy, served with choice of vegetables or fries

(Contains \*1, 10, 11, 13, 15)

### Grilled Chicken Caesar Salad (GFIA) 15.50

Served with baby gem lettuce, herb croutons, crispy pancetta, aged Parmesan, anchovy Caesar dressing, pine nuts (Contains \*1, 2, 5a, 5h, 6, 8h, 11, 13, 15)

Available vegetarian 10.50

### Chicken Fillet Burger 16.50

Chargrilled chicken fillet, chopped iceberg lettuce, red onion, crunchy slaw, buffalo mayo, served in a brioche bap with fries (Contains \*1, 5a, 6, 10, 11, 13)

Add cheese +0.50 (Contains \*1)

Add streaky bacon +1.00

## SIDES

### Taco Fries (GFI) 7.50

Topped with chilli mince, cheddar cheese and Cajun mayo (Contains \*1, 6, 10, 11, 13, 15)

### Garlic & Cheese Fries 5.50

(Contains \*1, 11, 13, 15)

### Curry Fries 5.50 (Contains \*1, 11, 13, 15)

### Skinny Fries 4.00 (Contains \*13)

### Chunky Fries 4.00

Tossed in Rosemary, Sea Salt and Parmesan + 0.50 (Contains \*1, 13)

### Sweet Potato Fries 4.75

Tossed in smoked paprika (Contains \*13)

### Battered Onion Rings 4.75 (Contains \*1, 5a, 6, 13)

### Garlic & Cheese Potatoes 5.25

(Contains \*1, 13, 15)

### Crispy Onions 4.75 (Contains \*5, 13)

### Seasonal Vegetables 4.00 (Contains \*1, 13)

### Side Salad 4.00 (Contains \*11, 13)

### Garlic Bread 5.20 (Contains \*1, 5a, 6, 13, 15)

Add cheese +0.50c (Contains \*1)

## SAUCES & DIPS 2.00 each

### Garlic Mayo (Contains \*6, 11, 13, 15)

### BBQ (Contains \*10, 11, 13, 15)

### Sweet Chilli 'n' Lime (Contains \*13, 15)

### Hot 'n' Spicy (Contains \*1, 13, 15)

### Pepper Sauce (Contains \*1, 13, 15)

### Garlic Butter (Contains \*1, 13, 15)

### Cajun Mayo (Contains \*6, 11, 10, 13, 15)

### Vegan Garlic Mayo (Contains \*9, 11, 13, 15)

### Buffalo Mayo (Contains \*1, 6, 11, 13, 15)

### Blue Cheese (Contains \*1, 6, 11, 13, 15)

### Hot Sauce (Contains \*1, 13, 15)

### Tomato & Chilli Relish (Contains \*13, 15)

### Martello Burger Sauce (Contains \*1, 6, 10, 11, 13)

(GFI) Made using Gluten Free Ingredients (GFIA) Gluten Free Ingredients Available (removal of allergenic ingredient) (V) Suitable for Vegetarians (VE) Suitable for Vegans (15) Contains Garlic

Please note that our dishes are prepared in a kitchen that contains gluten, dairy, nuts, eggs and soy; therefore we cannot guarantee that our dishes are safe to consume for people with these allergies.

#### \*Allergen List

1 Milk & milk products

2 Fish

3 Crustaceans

4 Molluscs

5 Gluten containing cereals

5a Wheat

5b Wholemeal

5c Spelt

5d Khorason

5e Rye

5f Barley

5g Oats

5h Malt

6 Egg

7 Peanuts

8 Other Nuts

8a Almonds

8b Hazelnuts

8c Cashews

8d Pecans

8e Brazil

8f Pistachio

8g Macademia

8h Pine nuts

8i Walnuts

9 Soy inc. soya

10 Celery

11 Mustard

12 Sesame

13 Sulphur Dioxide

14 Lupin

THE MARTELLO

w: themartello.ie

i: @themartellobray

f: /themartellobray