BREAKFAST *st* the martello

FAVOURITES

MARTELLO BEANS ON TOAST

Homemade Boston baked beans with smoked bacon and a hint of chilli, topped with a layer of smoked applewood cheese on grilled sourdough bread, with crispy bacon and a Butler's organic fried egg. **12.50** (V) (GFIA) (Contains *1, 5a, 5b, 6, 13)

AVOCADO & CRISPY PARMA HAM BRUSCHETTA

Smashed avocado and crispy parma ham on grilled sourdough toast, poached Butler's organic eggs topped with a spicy Hollandaise sauce. **13.50** (GFIA) (Contains *1, 5a, 5e, 6, 13, 15)

SCRAMBLED EGGS ON CIABATTA

Butler's organic scrambled eggs, served on toasted ciabatta. **9.50** (V) (GFIA) (Contains *1, 5a, 6, 9, 13) Add bacon +2.00

EGGS ROYALE

Butler's organic poached eggs, smoked salmon, topped with Hollandaise sauce, served on a toasted ciabatta. **13.00** (GFIA) (Contains *1, 5a, 6, 9, 13)

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HAM HOCK EGGS BENEDICT

Butler's organic poached eggs, maple glazed shredded ham hock, topped with Hollandaise sauce, served on toasted ciabatta. **13.00** (GFIA) (Contains *1, 5a, 6, 9, 13)

CLASSICS

FLAHAVAN'S ORGANIC PORRIDGE

Creamy oat porridge served with mixed berries, drizzled with Wicklow organic honey and a sprinkle of cinnamon. **7.50** (V) (Contains *1, 5a, 5g, 13)

HOMEMADE MARTELLO GRANOLA

Honey roasted organic oats, mixed seeds and hazelnuts served with organic natural yoghurt and topped with mixed berries and a side of organic honey. **7.50** (V) (contains *1, 5a, 5g, 6, 8b, 13)

BRIOCHE FRENCH TOAST

Brioche French toast served with crispy bacon and a choice of Canadian maple syrup or Ballymaloe relish. **12.00** (contains *1, 5a, 6, 11, 13)

MARTELLO FULL IRISH

Sausages, smoked back bacon, mushrooms, white pudding, Clonakilty black pudding, Butler's organic fried egg, hash brown and toast. Includes a choice of Americano coffee or pot of tea or OJ. **13.50** (Contains *1, 5a, 5g, 6, 9, 13)

WILD MUSHROOMS ON TOAST

Sautéed wild mushrooms, smashed avocado and rocket served on toasted sourdough bread with a drizzle of sour cream. 11.50 (V) or (VE) (GFIA) (Contains *1, Sa, Sb, Sg, 13) Vegan option with Vegan Mayo Add bacon +2.00

PANCAKE STACK 12.00

Buttermilk pancakes topped with mixed berries with a choice of:

Salted Caramel Sauce Nutella Lemon & Sugar Maple Syrup Kinder Bueno (contains *1, 50, 6, 8, 13) **+2.00**

Oreos (Contains *1, 5a, 6, 13) +2.00

(V) (Contains *1, 5a, 6, 8b, 13) Add bacon +2.00

SCONE

HOMEMADE RASPBERRY SCONE

Served with homemade Martello preserve, butter and cream. 4.00 (V) (Contains *1, 5a, 13)

KIDS

PANCAKE STACK

Topped with mixed berries with a choice of maple syrup, salted caramel sauce or Nutella. **7.00** (V) (Contains *1, 5a, 6, 8b, 13)

SCRAMBLED EGG ON TOAST

6.00 (V) (Contains *1, 5a, 6, 13)

FRENCH TOAST SOLDIERS With Canadian maple syrup 7.00 (V) (Contains *1, 5a, 6, 11, 13)

COFFEE

AMERICANO 3.30 DECAF AMERICANO 3.30 FLAT WHITE 3.50 (Contains *1) MACCHIATO 3.30 (Contains *1) CAPPUCCINO 3.50 (Contains *1) CAFÉ MOCHA 4.00 (Contains *1) ESPRESSO 2.70 DOUBLE ESPRESSO 3.50 HOT CHOCOLATE 4.20 (Contains *1, 6, 13) KIDS HOT CHOCOLATE 3.50 (Contains *1, 6, 13) BAMBICHINO 1.80 (Contains *1)

LATTES

LATTE 3.50 (Contains *1) CARAMEL LATTE 4.20 (Contains *1, 13) HAZELNUT LATTE 4.20 (Contains *1, 8b, 13) VANILLA LATTE 4.20 (Contains *1, 13) CHAI LATTE 4.20 (Contains *1, 13)

TEAS

BREAKFAST TEA 2.70 EARL GREY TEA 2.90 GREEN TEA 2.90 MINT TEA 2.90 CHAMOMILE TEA 2.90 RED BERRY TEA 2.90

ICED COFFEES

HAZELNUT ICED LATTE 4.80 (contains *1, 8b, 13) CARAMEL ICED LATTE 4.80 (contains *1, 13) ICED MOCHA 4.80 (contains *1)

JUICES

ORANGE JUICE 2.80 APPLE JUICE 2.80 CRANBERRY JUICE 2.80

*Alternative Milks Available + 0.30c

*ALLERGEN LIST: 1. Milk & milk products 2. Fish 3. Crustaceans 4. Molluscs 5. Gluten containing cereals 5a. Wheat 5b. Wholemeal 5c. Spelt 5d. Khorason 5e. Rye 5f. Barley 5g. Oats 5h. Malt 6. Egg 7. Peanuts 8. Other Nuts 8a. Almonds 8b. Hazelnuts 8c. Cahsews 8d. Pecans 8e. Brazil 8f. Pistachio 8g. Macedemia 8h. Pine nuts 8i. Walnuts
9. Soy inc. soya 10. Celery 11. Mustard 12. Sesame 13. Sulphur Dioxide 14. Lupin 15. Garlic. (GFI) Made using Gluten Free Ingredients. (GFIA) Gluten Free Ingredients Available (removal of allergenic ingredient) (V) Suitable for Vegetarians (VE) Suitable for Vegans. Please note that our dishes are prepared in a kitchen that contains gluten, dairy, nuts, eggs and soy; therefore we cannot guarantee that our dishes are safe to consume for people with these allergies.

Mornings by the seaside



THE MARTELLO