

# KIDS MENU

## MEAL AND DRINK 8.95

**Nachos (GF)** and cheese sauce 4.95  
(contains \*1, 13, 15)

**Battered Cod** with freshly cut fries  
(Contains \*1, 2, 5a, 5f, 5g, 6, 10, 11, 13)

**Beef or Vegetable Lasagne** with fries  
(contains \*1, 5a, 6, 10, 13, 15)

**Breaded Chicken Tenders** with fries  
(Contains: \*1, 5a, 6, 10, 11, 13, 15)

**Chicken Pasta** with homemade tomato  
SAUCE (contains \*1, 5a, 6, 13, 15)

**Sausages with fries** or creamy mash  
(contains \*1, 5a, 10, 13)

**Homemade Beef Burger** with fries  
(contains \*1, 5a, 6, 9, 10, 11, 13)

## LITTLE TOTS

**Homemade Baby Bowl (GF)** 2.75  
Potato, gravy & veg (contains \*1, 10, 13, 15) *Available  
blended*

## DESSERTS

**Ice Cream Sundae** 2.10 (contains \*1, 13) Whipped  
vanilla ice cream and Cadbury Flake with a  
choice of  
Strawberry / Caramel / Chocolate sauce

**Ice Cream Tub** 2.75 (contains \*1, 13)  
With a choice of:

- Mini Buttons (contains \*1, 13)
- Mini Smarties (contains \*1, 13)
- Mini Marshmallows
- Cadbury Flake (contains \*1, 13)
- Maltesers (contains \*1, 5a, 9, 13)

**Milkshake** 3.60 (contains \*1, 13)  
Vanilla Ice Cream, with choice of:  
- Kinder Bueno (contains \*1, 5a, 6, 8b, 9, 13)  
- Mint Aero (contains \*1, 13)  
- Oreo Biscuits (contains \*1, 5a, 9, 13)

**Warm Chocolate Fudge Cake** 3.60  
Served with ice cream (contains \*1, 5a, 6, 13)

## DRINKS

**Milk** (contains \*1) / **Fruit Juice** / **Cordial**  
or  
**Monin Flavoured Water** (fizzy or flat)  
Choose from Watermelon / Strawberry /  
Apple / Raspberry / Cherry

*We know you want the best for your kids so at The Martello all  
of our ingredients for kids meals are locally sourced and cooked  
from fresh to order. All beef and chicken are 100% Irish and  
Bord Bia approved.*

**(GFI) Made with Gluten Free ingredients**  
**(GFIA) Gluten Free ingredients available (removal of  
allergenic ingredient)**

Please note that our dishes are prepared in a kitchen that  
contains gluten, dairy, nuts, eggs and soy, therefore we  
cannot guarantee that our dishes are safe to consume for  
people with these allergies.

### \*Allergen list

**1** Milk and milk  
products  
**2** Fish  
**3** Crustaceans  
**4** Molluscs  
**5** Gluten containing  
cereals  
**5a** Wheat  
**5b** Wholemeal  
**5c** Spelt  
**5d** Khorason  
**5e** Rye  
**5f** Barley

**5g** Oats  
**5h** Malt  
**6** Egg  
**7** Peanuts  
**8** Other Nuts  
**8a** Almonds  
**8b** Hazelnuts  
**8c** Cahsews  
**8d** Pecans  
**8e** Brazil  
**8f** Pistachio  
**8g** Macedemia  
**8h** Pine nuts  
**8i** Walnuts

**9** Soy inc. soya  
**10** Celery  
**11** Mustard  
**12** Sesame  
**13** Sulphur Dioxide  
**14** Lupin  
**15** Garlic

